



Which Flu Vaccine should you get?

In light of COVID-19, it is more important than ever to get a flu vaccine. While getting a flu vaccine will not protect against COVID-19, there are many important benefits, such as:

1. Flu vaccines have been shown to reduce the risk of flu illness, hospitalization, and death.
2. Getting a flu vaccine can also save healthcare resources for the care of patients with COVID-19.

FLU
SEASON
AHEAD



Flu vaccine prevents millions of illnesses and flu-related doctor's visits each year. For example, during 2018-2019, flu vaccination prevented an estimated 4.4 million influenza illnesses, 2.3 million influenza-associated medical visits, 58,000 influenza-associated hospitalizations, and 3,500 influenza-associated deaths. During seasons when the flu vaccine viruses are similar to circulating flu viruses, flu vaccine has been shown to reduce the risk of having to go to the doctor with flu by 40 percent to 60 percent.



HDMG offers three different types of flu vaccine this year:

**Fluzone Quadrivalent
(Standard Dose) 15 mcg**

**Flublok Quadrivalent
(Higher Dose) 45 mcg**

**Fluzone Quadrivalent
(High Dose) 60 mcg**

In a head-to-head randomized controlled trial:

FLUBLOK QUADRIVALENT (HIGHER DOSE) was proven to provide better protection vs. a standard dose quadrivalent inactivated influenza vaccine.

30% Better Protection from Influenza compared to Standard Dose Quadrivalent vaccine.

FLUZONE QUADRIVALENT (HIGH-DOSE) was proven to provide superior protection compared to Fluzone® (Influenza Vaccine).

24% Better Protection from Influenza compared to Standard Dose Quadrivalent vaccine.

The highest priority of HDMG is to keep our patients safe during this time. For patients 65 years and older, the Higher Dose and High Dose flu vaccines provide better protection against flu, for our patients 65 years of age and older we are providing the Higher Dose or High Dose.

Please contact HDMG to schedule your Flu vaccine now.

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