



# January—Zone 1

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p><b>Happy New Year!</b></p>	<p>3</p> <p><b>CLOSED</b></p>	<p>4</p> <p><b>CLOSED</b></p>	<p>5</p> <p><b>CLOSED</b></p>	<p>6</p> <p><b>CLOSED</b></p>
<p>9</p> <p>8:15-9:10 M3 9:15-10:10 Linear Line Dance 10:15-11:10 Transformative Resistance 11:15-12:10 Zumba Rhythms</p>	<p>10</p> <p>9:15-10:10 Zumba Rhythms 10:15-11:10 Core Renewal 11:15-12:10 Transformative Tap</p>	<p>11</p> <p>8:15-9:10 Mat Yoga Recharge 9:15-10:10 Linear Line Dance 10:15-11:10 Pilates &amp; Barre Fusion 11:15-12:10 Hula for Health</p>	<p>12</p> <p>8:15-9:10 Mat Yoga Recharge 9:15-10:10 Transformative Tap 10:15-11:10 Core Renewal</p>	<p>13</p> <p>8:15-9:10 Stretch, Flex &amp; Roll 9:15-10:10 All Dance 11:30-12:25 Pilates &amp; Barre Fusion</p>
<p>16</p> <p>8:15-9:10 M3 9:15-10:10 Linear Line Dance 10:15-11:10 Transformative Resistance 11:15-12:10 Zumba Rhythms</p>	<p>17</p> <p>9:15-10:10 Zumba Rhythms 10:15-11:10 Core Renewal 11:15-12:10 Transformative Tap</p>	<p>18</p> <p>8:15-9:10 Mat Yoga Recharge 9:15-10:10 Linear Line Dance 10:15-11:10 Pilates &amp; Barre Fusion 11:15-12:10 Hula for Health</p>	<p>19</p> <p>8:15-9:10 Mat Yoga Recharge 9:15-10:10 Transformative Tap 10:15-11:10 Core Renewal</p>	<p>20</p> <p>8:15-9:10 Stretch, Flex &amp; Roll 9:15-10:10 All Dance 11:30-12:25 Pilates &amp; Barre Fusion</p>
<p>23</p> <p>8:15-9:10 M3 9:15-10:10 Linear Line Dance 10:15-11:10 Transformative Resistance 11:15-12:10 Zumba Rhythms</p>	<p>24</p> <p>9:15-10:10 Zumba Rhythms 10:15-11:10 Core Renewal 11:15-12:10 Transformative Tap</p>	<p>25</p> <p>8:15-9:10 Mat Yoga Recharge 9:15-10:10 Linear Line Dance 10:15-11:10 Pilates &amp; Barre Fusion 11:15-12:10 Hula for Health</p>	<p>26</p> <p>8:15-9:10 Mat Yoga Recharge 9:15-10:10 Transformative Tap 10:15-11:10 Core Renewal</p>	<p>27</p> <p>8:15-9:10 Stretch, Flex &amp; Roll 9:15-10:10 All Dance 11:30-12:25 Pilates &amp; Barre Fusion</p>
<p>30</p> <p>8:15-9:10 M3 9:15-10:10 Linear Line Dance 10:15-11:10 Transformative Resistance 11:15-12:10 Zumba Rhythms</p>	<p>31</p> <p>9:15-10:10 Zumba Rhythms 10:15-11:10 Core Renewal 11:15-12:10 Transformative Tap</p>		<p><b><u>WINTER HOURS</u></b></p> <p><b>MON.-FRI. 8AM-5PM</b></p>	